



# Gloucestershire Youth Neurodiversity Project

## Webinars

3 Year Programme  
2024 - 2027

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## This Programme Aims to Support Young People in Gloucestershire by:

- Improving the understanding of ADHD & Neurodiversity and how it impacts on them, their friends, siblings and families;
- Enhancing attendance and attainment in education;
- Improving mental health and wellbeing for Neurodivergent young people;
- Increasing levels of skills and knowledge to support young people's participation in activities provided by agencies;
- Supporting young people living with neurodiversity to transition within education or to employment whilst achieving active citizenship within their communities.



# Gloucestershire Neurodiversity Youth Project Webinars



## Webinar 1: What Neurodiversity is & why it matters to young people. Dr Tony Lloyd, CEO ADHD Foundation

A recent survey of young people stated that 53% of Generation Z identify as Neurodiverse. Young people are increasingly more embracing of diversity – of race, sexual orientation, faith and neurotype.

While official statistics suggest 1 in 5 are neurodiverse, all young people have friends who represent these different neurotypes – dyslexia 1 in 10, ADHD 1 in 20, Dyspraxia 1 in 10, Dyscalculia 1 in 10 and Autism 1 in 67. The shame, embarrassment and marginalisation experienced by these young people – especially in our education system, is changing. Diversity for them is something to be proud of, not hidden.

In a rapidly changing world, culture and workplace, the skills and resilience they need to achieve in education, make a successful transition to adulthood, employment and independent living, economic independence and active citizenship in their communities, young people need to understand how to understand themselves, others and the world they live in.

Growing numbers of young people experiencing mental health problems and disengaging with education, inform us that we are not meeting some basic needs for young people to thrive.

This Training webinar offers an introduction to the concept of neurodiversity and explains why it is imperative for any organisation working with young people, to understand this paradigm shift in our culture and how to ensure those who 'Think Differently' are enabled to achieve.



Thursday 25th April 2024 - 17:00-18:30

Thursday 27th June 2024 - 13:00-14:30



Webinars 2-6 - Arron Hutchinson,  
National Training Director for  
Schools, ADHD Foundation

## Webinar 2: Understanding ADHD

- Introduction to Neurodiversity and its importance for young people.
- Exploring ADHD: Definition, characteristics, and common misconceptions.
- Impact of ADHD on young individuals: academic, social, and emotional aspects.
- Strategies for supporting young people with ADHD in various settings.



Thursday 11th July 2024 - 13:30-15:00  
Thursday 5th Dec 2024 -17:00-18:30

## Webinar 3: Demystifying Dyslexia

- Defining Dyslexia and its prevalence among young people.
- Recognising signs and symptoms of Dyslexia.
- Addressing challenges faced by Dyslexic individuals in education and beyond.
- Practical tips and accommodations for supporting Dyslexic young people.



Thursday 15th Aug 2024 - 13:30-15:00  
Thursday 9th Jan 2025 -17:00-18:30

## Webinar 4: Understanding Dyspraxia

- Introduction to Dyspraxia: Definition, symptoms, and diagnosis.
- Exploring the impact of Dyspraxia on motor skills, coordination, and daily functioning.
- Challenges and strengths associated with Dyspraxic individuals.
- Strategies for creating inclusive environments for Dyspraxic young people.



Thursday 19th Sep July 2024 - 13:30-15:00  
Thursday 6th Feb 2025 -17:00-18:30

## Webinar 5: Executive Functioning Skills and Neurodiverse Youth

- What are Executive Functioning Skills & why are they crucial for neurodiverse young people?
- Understanding the link between Executive Functioning & neurodiverse conditions.
- Practical strategies for enhancing Executive Functioning skills in neurodiverse youth.
- Supporting the development of self-regulation, planning, and organisation.



Thursday 17th Oct 2024 - 13:30-15:00  
Thursday 13th March 2025 -17:00-18:30

## Webinar 6: Exploring Dyscalculia

- Defining Dyscalculia and its impact on mathematical abilities.
- Recognising signs and challenges faced by individuals with Dyscalculia.
- Addressing the stigma surrounding Dyscalculia and promoting positive learning experiences.
- Strategies for supporting young people with Dyscalculia in mathematical education.



Thursday 7th Nov 2024 - 13:30-15:00  
Thursday 3rd April 2025 -17:00-18:30



## Webinar 7 - Mental Health and Neurodiversity with Maria Stebbing, Specialist Counsellor, ADHD Foundation

- Understanding the intersection of mental health and neurodiversity in young people.
- Exploring common mental health challenges such as anxiety, depression, self-harm, and eating disorders.
- Strategies for promoting mental well-being and resilience among neurodiverse youth.



Monday 18th Nov 2024 - 10:00-11:30  
Monday 10th Feb 2025 - 15:30-17:00



## Specialist Presentation: Tics and Tourette's with Lisa Rudge, Director of Parent Services, ADHD Foundation

- Understanding Tics and Tourette's Syndrome: Definition, symptoms, and prevalence.
- Dispelling myths and misconceptions surrounding Tics and Tourette's.
- Supporting individuals with Tics and Tourette's in educational and social settings.



Wednesday 12th June 2024 - 10:00-11:00  
Wednesday 11th Sept 2024 - Time 17:00-18:00



## Specialist Presentation - Coaching Neurodiverse Young People, with Stephanie Batey, Coaching Director, ADHD Foundation

- Introduction to coaching as a supportive tool for neurodiverse young people.
- Exploring effective coaching strategies and techniques.
- Case studies and practical examples of coaching interventions for neurodiverse youth.
- Benefits of coaching in enhancing self-awareness, confidence, and goal-setting skills.



Wednesday 26th June 2024 - 10:00-11:00  
Wednesday 13th Nov 2024 - 10:00-11:00



## Young People Webinar – Living successfully and Achieving with Neurodiversity with Stephen Ortega and Sophie Scanlan

- What do I need to know about neurodiversity support self, my friends or people around me?
- How can I thrive in my glorious Gloucestershire County?



Wednesday 24th July 2024 - 14:00-15:00  
Thursday 14th Nov 2024 - 17:00-18:00

# Gloucestershire Neurodiversity Youth Project - Webinar Registration Form



Please either scan the QR code, or if you are reading this on your phone or iPad/tablet, click the QR code and it will take you to the registration form.